



TELLING A TALE: Fife-based storyteller Senga Munro sharing animal stories with local children at Kirkcaldy Museum and Art Gallery.

ONCE UPON A TIME...

As VisitScotland celebrates the art of storytelling through Scotland's Year of Stories 2022, **Michael Alexander** asks Tayside and Fife-connected wordsmiths what storytelling means to them

From ghosts, kelpies and witch trials to unexplained monsters and deep-rooted beliefs, Scotland's folklore is woven from a rich tapestry of culture and history.

But what makes a good story and why do some prevail more than others?

As VisitScotland marks Scotland's Year of Stories 2022 – a celebration of stories inspired by, written or created in Scotland – The Courier asked a cross-section of people who

make their living from words what stories mean to them.

From an internationally-renowned best-selling author and a storytelling director, to a Fife English teacher and a Dundee-born investigative journalist, all agree that stories are a vital part of Scotland's culture and that every community has a different tale to tell.

Louise Harvie is an English teacher at Bell Baxter High School in Cupar. The best part of her job, she says, is telling stories for a living and encouraging pupils to share theirs.

She says: "As human beings, we have evolved to learn about the world around us

reflects on how she fell in love with books and stories, she thinks back to growing up in Kirkcaldy.

When she was little, it took her a long time to learn to walk. Perhaps linked to problems with movement, she spoke from a very early age and was turning the pages of a book and "telling the story" of the pictures when she was under a year old.

However, her imagination was also fuelled by her grandparents with whom she spent a huge amount of time.

"My grandfather was a Polish paratrooper who settled in Scotland after the Second World War," she explains.

"I grew up listening to him and his friends telling the stories of what had happened to them during the war, the lives they had left behind and the lives they had forged in Scotland.

"Their stories and the story of my dad – an Irish immigrant – led to a fascination with tales of other lands and other cultures, and a love of stories of triumph over adversity."

Louise recalls that when she was growing up in the 1970s and 1980s, children's literature seemed to fall into three categories – stories of children who were at boarding school, stories of wartime evacuees or apocalyptic post-nuclear tales.

While she read and enjoyed all of these novels, it wasn't until she was reading in her teens that she began to see parallels between her life and the lives of the characters.

It was in her teens, too, through the lyrics of her favourite songs, that she discovered stories told through poetry.

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Open hearth at the 2017 Storytelling Festival, one of the attractions at the pre-Covid event in Edinburgh.

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"It was a story about the boys in our town who had left for the Second World War. Some who died in far off places, others who returned to father a new generation of babies.

"She believed that each time one of those babies was born, the soul that inhabited it came from one of the dead soldiers, so that those boys who had died so far from home got to live again in the town where they had grown up, the town they had left for the war.

"And all their lives, these children of the next generation inhabited by the souls of the dead soldiers would run through the quiet tree-lined streets playing, and later would park their cars outside the cinema, with the strange sense of familiarity, the sense that they had been here before and that all of this was happening to them once again.

"When someone you love and trust tells you a story like that when you are very young, they are handing you a passport for a journey you never stop preparing for."

Dundee-born romance author Alinka Zyrmont laughs that there's a simple reason why she became a writer – because she's terrible at maths!

As a pupil at Dundee's Blackness School in the 1940s-50s where her mum was a teacher, she used to daydream a lot.

Her granny Jessie Lindsay called her "wee chatterbox".

She was always an avid reader in the days before her family had television.

It was her love of travel, however, that inspired her to start writing about adventures.

"I feel stories have always been important throughout human existence starting with the Bible," says Alinka, who now lives in Texas, USA.

"Agatha Christie and James Patterson are also best-sellers. I wish I could say the same. I can wallpaper my office with rejection slips, some polite, most indifferent, but I write because I have to. It is not only a form of catharsis, because every writer always puts a bit of self into a book, but as an author I create an identity. This is my work, this is who I am.

"Readers select a book to escape into another dimension. In times of strife they will find a book with a narrative of survival, to renew their faith in humanity. They want to identify with the protagonist's bravery and determination and hope in a world that seems evil."

For Courier book reviewer Hollie Bruce, stories have always been a form of escapism.

She loves the magic of being transported to another time and place and having her eyes opened to another world, new characters and other perspectives.

Hollie says the first story that ignited her love of literature was *Under the Hawthorn Tree* by Marita Conlon McKenna. It was the first book that ever made her cry and she will always credit Marita and her "brilliant writing" for inspiring her to study English literature at university.

Whether it is a fantasy set in another world or a gripping crime drama, however, what unites stories is they allow us to view the world through another lens.

She adds: "Stories have always been important. They pass from one age to the next, providing us with a glimpse into times gone by, preserving traditions and inspiring the next generation.

"I still have a copy of my granny's Aesop's Fables, given to her as a child, a collection of tales which are still as captivating today as they were all those years ago. Stories connect us in a way that is truly unique and special."

Stories can be told through many



Inverbrothock Nursery children Sophie Pitt and Sienna Mackie with Caroline Boon, Angus Alive storyteller, at Arbroath Library.

mediums, but for Daniel Abercrombie, who is programme and events manager at the Scottish Storytelling Centre in Edinburgh and the associate director of the Scottish International Storytelling Festival, it's live storytelling that's particularly special.

The distinct and enjoyable thing about that age-old means of delivery, he says, is that a story is never told to an audience – it is shared with them.

The audience can then take that story and share it with other people, possibly putting their own take on it, or positioning it within their own culture or experiences.

"It is a lovely thing to encounter and a reminder of our universal connection through stories," he says.

"To me, this is the root of what makes storytelling a special art-form and why it is important within any community.

"There is a two-way relationship between the audience and the performer, with no barrier between the two.

"The audience are central to the experience and a good storyteller will adapt and respond to the people they see in front of them, in a shared experience. And so the story goes on."

Jennifer Andreacchi recently started as publicity and marketing officer at Edinburgh-based publishers Birlinn Ltd.

She completed an English literature postgraduate MLitt in Women, Writing and Gender at St Andrews University in September 2021.

Growing up in the USA, as a 12-year-old, she was captivated by the Lord of the Rings trilogy. She felt like she was discovering a thirst for adventure that has never really left her.

More than that, however, she credits Tolkien's powerful story about "leaving home and finding yourself" as the inspiration for her to move abroad and make a life in Scotland.

She says: "From an engaging plot to interesting, relatable characters, there are some obvious elements that must come

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together in a good story. What people are looking for when they read, however, is often much more personal and profound.

"We are searching for something that strikes a chord in us, something signifying belonging and recognition.

"Good stories are often thought of as worlds to escape into, but I think they are more like mirrors, reflecting back the most meaningful parts of life and ourselves.

"In cutting out monotony and distracting us from our daily stressors, good stories show us that we are connected by authentic universal experiences such as love, adventure, and loss.

"Good storytelling is a powerful thing, with the ability to transcend time and space, bringing into focus that which really matters."

It's known that oral storytelling vastly predates written language, meaning that stories have always played a vital role in the survival of humanity.

Fables with lifesaving messages, telling of how to harvest crops or avoid disease, kept our early human ancestors alive.

Scotland in particular has a vibrant storytelling tradition that has survived throughout the ages.

As any journalist will tell you, however,

sometimes the best stories involve making public facts that others don't want to be told.

Dundee-born investigative journalist and former RAF public relations officer for Scotland Michael Mulford says this mantra has got him into "many precarious situations" in nearly 60 years in journalism and television.

However, it is the good stories with happy outcomes he remembers the most.

"I was privileged to be principal spokesperson for military search and rescue operations based at RAF Kinloss," he says.

"I still have a warm glow when I think how a Nimrod from the base spotted a fisherman 200 miles out in the Atlantic after a large fishing vessel sank.

"He had been in the water in winter for more hours than his life jacket could have helped him. The Nimrod crew battled high winds, positioned their four-jet-engined aircraft perfectly, jettisoned a liferaft attached to a long rope, and watched as the man pulled himself on board the raft.

"He was saved after 12 hours. Someone was looking after him that day. I later found out his middle name was Jesus."

Marie Christie, head of events industry development at VisitScotland, says the Year of Stories 2022 offers a unique opportunity for the country's valuable tourism and events industry to come together and share those stories to inspire and attract visitors.

Events taking place in Tayside and Fife include Community Campfires, May 23-27, at Lochgelly Centre; So You Think You Know Your History? June 9-15, St Andrews Heritage Museum; Angus Year of Stories Festival, July 1-31, Angus; Dundee Summer Bash Streets Festival, July 14-24, Dundee; Perth & Kinross Year of Stories, running in Perthshire until October; and Discovery Film Festival, Dundee, on October 23.

For a full list go to visitscotland.com/year-of-stories